## Pharmacy Audit & Fraud, Waste, and Abuse

2022 Year in Review



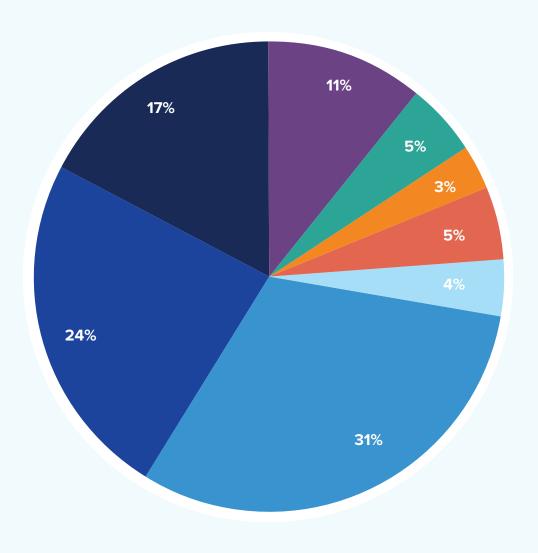


# Pharmacy Audit & Fraud, Waste, and Abuse Department

Elixir's Pharmacy Audit
& Fraud, Waste, and Abuse
(FWA) Department works to
detect, prevent and address
FWA activities affecting
the prescription benefit.
We provide audit and
investigative services to help
protect our client's financial
and compliance interests
and reputation. The following
report summarizes pharmacy
FWA trends and activities
observed in 2022, as well as
insight into notable cases.



#### **2022 Allegation Types Investigated**



- False or Cloned Prior Authorization
- Billing Non-Covered Drug as Covered
- Wrong Member Billed
- Drug Diversion/Providing False Info
- HIV Drug Overutilization
- Drugs Not Dispensed
- Other
- Billing for Drugs Received But Not Ordered or Requested

43

**Fraud Cases** 

referred to law enforcement or regulatory agencies

51

Pharmacies **Suspended** 

from the network due to FWA activities

58
Pharmacies
Terminated
due to FWA

82%
Suspended
Pharmacies
identified through
data mining activities





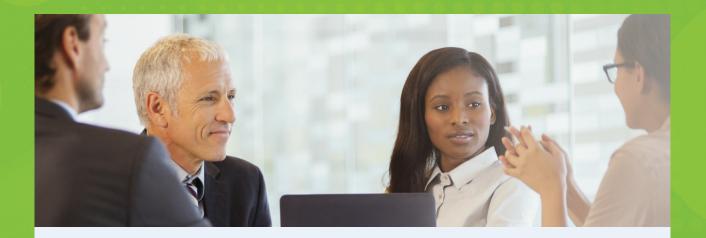
FWA-Focused
Communications
shared with network
pharmacies

Counties Added
to pharmacy contracting
HEAT Zone criteria
county list

\$18M

Dollars Saved
due to pharmacy
suspensions

Questionable
Pharmacies
blocked from network
entry per FWA review



#### **FWA Prevention Efforts**

#### **Through Pharmacy Credentialing and Recredentialing**

Elixir requires that pharmacies located in a HEAT Zone be open for a minimum of 18 months and under the same ownership for 12 months prior to admittance into the network. HEAT Zone pharmacies are considered to be in high fraud areas as designated by the Department of Justice and Health and Human Services and expanded upon by Elixir. Every year, a review of ongoing fraud trends and pharmacy suspensions is completed in order to determine applicability of additional, neighboring counties to the HEAT Zone list.



350

#### PHARMACIES DENIED

network entrance due to not meeting HEAT Zone criteria



42

#### PHARMACIES SUSPENDED

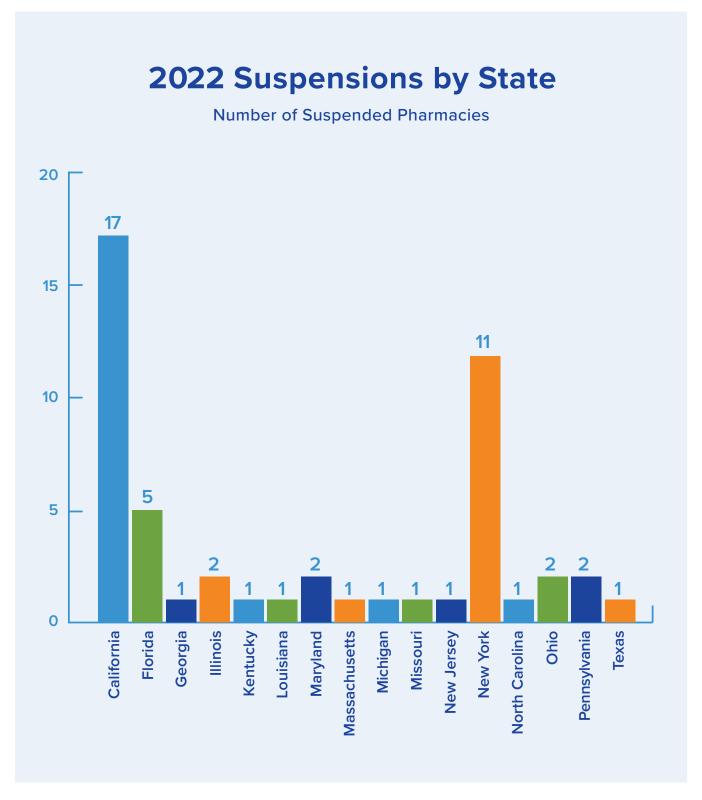
or terminated for not meeting recredentialing requirements



42

#### CHAIN/ PSAO

were recredentialed, accounting for 42,063 pharmacies



#### 2022 FWA Notable Trends

Multiple pharmacies have been suspended and terminated from our network because of these issues.



#### **Phantom Claims**

Phantom claims or "billing for drugs not dispensed," is when pharmacies fail to produce proof of a purchased medication upon invoice audit request or when purchase records show insufficient inventory. Several pharmacies were removed from Elixir's network due to invoice shortages, with most issues found in California and New York.



#### **Forged Prior Authorizations**

With this trend, pharmacies are found to submit false information within prior authorization records to obtain paid claims. This fraud has been the focus of Elixir's Special Investigative Unit activities, involving mostly high-cost, low clinical value medications (e.g., omeprazole-bicarbonate, naproxen CR 500mg, sumatriptan-naproxen, and metformin ER). In 2022, Elixir sent an educational memo to pharmacies about this FWA issue.



#### **Pharmacy Suspensions Decreased**

While pharmacy suspensions peaked in 2020 due to pandemic-related FWA, in 2022, the number of suspended pharmacies decreased. We attribute this decrease to the high number of providers excluded during previous years along with Elixir's coordinated FWA prevention efforts from our FWA and Pharmacy Credentialing teams.

Due to our prevention efforts, pharmacies joining the our network may be subjected to an Enhanced FWA Credentialing process and required to provide additional information for review including:

- Pictures of designated pharmacy areas
- · Wholesaler, manufacturer and distributor invoices for outlined time frame
- Comprehensive drug utilization report for outlined time frame, regardless of claims submission to Elixir
- Comprehensive staff listing, including names, license numbers, Social Security numbers and/or dates of birth
- Pharmacy policies and procedures
- · Bills of sale
- · Completion of onsite audit or other information as deemed necessary



### 2022 FWA Notable Cases





#### **Deceptive Language**

A California pharmacy that serves multiple long-term care facilities used medical necessity language and a list of tried and failed medications to obtain prior authorizations for a higher-cost version of a common laxative. It appears prescribers were not aware of the medication's cost and were heavily influenced by the pharmacy and the product manufacturer's language, which suggests the medication enhances patient compliance. Members previously had no compliance issues with their laxative therapy and there was no justification for a more expensive version of the same product.



#### Billed vs. Administered

A California infusion pharmacy billed the health plan for immune globulin (IVIg) for non-existing health conditions and yet they administered "vitamin shots." The pharmacy and its sister pharmacy were removed from network.



#### Forged Language for Prior Authorizations

A California dermatology dispensary serving multiple long-term care facilities forged language to obtain prior authorization for profitable topical corticosteroids. A prescriber would visit facilities and bring the products to dispense. The language used for the prior authorizations could not be supported by review of the members' medical records and first-line therapy was not considered in addressing the members skin conditions.

RECOMMENDATIONS TO PLAN SPONSORS

Continue to review the Elixir FWA Activities Report to determine plan exposure to ongoing FWA schemes.



Disclaimer: The information contained in this document is provided for educational and general information only, and should not be construed as, nor is it intended to provide, legal, regulatory or health/medical advice. The information we provide does not replace independent professional judgement, review and application of internal policies and procedures regarding FWA concerns and investigations. The information described does not apply to all circumstances, nor should the descriptions or group of facts or circumstances be interpreted as a prediction that a similar outcome could be expected if similar patterns occur. Case disposition will differ from case to case and is dependent upon the facts and circumstances surrounding each instance. The specific prescriptions patterns referenced in this document do not necessarily indicate wrongdoing; an investigation must be conducted in order to reach a disposition.



For more information on preventing fraud, waste and abuse, contact your

**Account Management Team** 

For more ways to improve plan and member outcomes, visit blog.elixirsolutions.com.

